

# Our Daily Routine

7 AM



Okay to leave bedroom  
Potty / clean diaper  
Get dressed  
Watch TV / Make breakfast

8



Eat breakfast  
Clean up  
Spirit Time



Breakfast—8 AM

9



Outside  
Adventure!



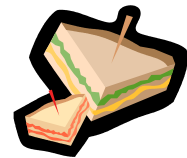
Snack—9:45 AM

10

11



Clean up from morning fun  
Make lunch  
Eat lunch



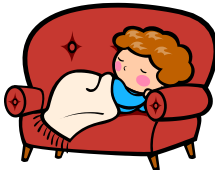
Lunch—11:30 AM

12 PM



Read books  
Bean starts nap  
Spider Boy starts rest

1



Quiet  
Time

2

3



Crafts / Activities  
Free play



Snack—3 PM

4



Library, grocery store, etc.  
Backyard play

5



Make dinner  
Clean up from afternoon fun  
Watch TV / Play with Daddy

6



Eat dinner  
Clean up  
Brush teeth  
Bath time



Dinner—6 PM

7



Read books  
Pajamas  
Potty / clean diaper

8

Lights out  
Sleepytime!